



I AM A #MODERNTHERAPIST  
#THERAPYMOVEMENT

LOS ANGELES  
OCTOBER 5-6, 2018

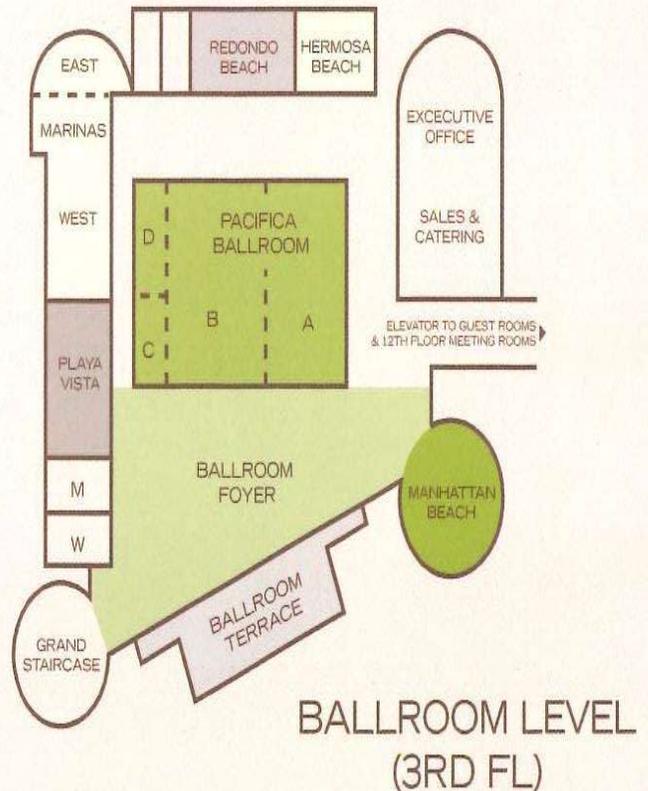
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# EXHIBITORS

EXHIBITORS ARE LOCATED  
IN THE BALLROOM FOYER

- AATBS/TRIAD BEHAVIORAL HEALTH
- ALBERT KNAPP & ASSOCIATES
- BRIGHTER VISION
- CALDWELL LABS
- CENTER FOR DISCOVERY
- CLEARVIEW
- IT'S OVER EASY
- OOTIFY
- MELANIN & MENTAL HEALTH
- MOTIVO
- SIMPLEPRACTICE



# SCHEDULE

October 5, 2018 Friday	October 6, 2018 Saturday
7:30 AM Registration and Welcome	7:30 AM Registration 8:00 Mindfulness and Meditation: <i>Playa Vista</i>
9:00 Thought Bubbles: The Profession	9:00 Modern Therapist's Survival Guide: <i>Pacifica B-C-D</i>
10:30 Break	10:30 Break
11:00 Niche, Specialization, and the Client Experience	11:00 <u>Break Out Sessions:</u> Practice Management: <i>Pacifica B</i> SEO: <i>Pacifica C-D</i> Networking: <i>Playa Vista</i>
12:30 Lunch	12:00 Lunch
1:00 What Therapists Get Wrong	12:30 Saving Psychotherapy <i>Pacifica B-C-D</i>
2:00 Break	2:00 Break
2:15 Thought Bubbles: The Business	2:15 Thought Bubbles: The Therapist <i>Pacifica B-C-D</i>
3:45 Break	3:45 Break
4:00 Social Media 6:00 Mixer! <i>Ballroom Terrace</i>	4:00 <u>Break Out Sessions:</u> Meaningful Documentation: <i>Redondo Beach</i> Feedback Informed Treatment: <i>Manhattan Beach</i> Group Practice: <i>Playa Vista</i>
<i>All Sessions on Friday will be held in Pacifica B-C-D</i>	

# WORKSHOP INFORMATION

**Friday 10/5/18**

**All Friday sessions are in the Pacifica Ballroom, B-C-D**

**7:30 AM:**

***Registration***

Sign in and meet our amazing exhibitors. There will be games, prizes, and special offers you probably can't find anywhere else.

**8:45 AM:**

***Welcome from Curt Widhalm and Katie Vernoy***

**9 AM:**

***A Series of Psychotherapy Survival Tips: The Profession***

Listen to state of the art information about the profession of psychotherapy, in bite-sized pieces. We're calling these "Thought Bubbles" and are excited to share this exciting new format!

1.5 Continuing Education Units

***Dr. Benjamin Caldwell, LMFT: Saving Psychotherapy***

Identify the group of healers prospective clients prefer to visit over therapists

List 2 differences between therapists and other health and wellness providers

Describe a situation where a therapist's morality is called upon in session

Identify a common response to client inquiries that reduces trust in therapy

***Robin Andersen, LMFT: Navigating Your Pre-licensed Years***

Be able to identify at least one way to overcome adversity during your pre-licensed years.

***James Guay, LMFT: Creating an LGBTQ Affirming Practice***

Apply 3 therapeutic concepts focusing on the care of LGBTQ clients developed during the workshop to the clinical setting with respect to cultural and social constructs.

***Patrice Douglas, LMFT: Counseling Minorities***

Identify 3 ways to effectively provide counseling to minorities

***Heather Walker Janz, LMFT: Raising Your Voice as an Activist Therapist***

Attendees will develop their practical knowledge base by being able to identify at least 3 techniques to advocate at clinical and system levels.

**10:30 AM:**

***Break***

Take 30 minutes to reset, network, and engage with the amazing resources our exhibitors have to offer. Don't miss out on the games – there will be some amazing prizes!!

**11AM:**

***Niche, Specialization, and the Client Experience***

***Kelly Higdon, LMFT and Miranda Palmer, LMFT***

Come learn how to create a beautiful experience for clients from the first mention of you out in the world via online or offline marketing, through the first phone call to their final session. Discover what it means to embrace a specialty and how it impacts client outcomes and how to convey that specialty beautifully and ethically.

### 1.5 Continuing Education Units

Participants will be able to verbalize 2 ways that clarifying specialization and niche impacts the ethical provision of services.

Participants will name 2 ways to expand their informed consent process for potential clients.

Participants will name 2 ways to use a niche to create a stronger therapeutic alliance and hope installation for incoming clients.

Identify 3 signs that you are accepting clients that you should be referring out.

### **12:30 PM:**

#### ***Break***

Grab your lunch, do some shopping, and connect with colleagues. You'll be coming back in to hear an amazing interview while you eat.

### **1 PM:**

Lunch Time Talk: *What Therapists Get Wrong: Traps, Pitfalls, and Funny Stories About the Therapeutic Alliance*  
*Paul Gilmartin and Katie Vernoy, LMFT*

Join Katie Vernoy as she interviews comedian and mental health advocate Paul Gilmartin (host of The Mental Illness Happy Hour) about mental illness, what therapists can get wrong, and how to respect the therapeutic relationship.

1 Continuing Education Unit

Define therapeutic alliance

Describe 4 variables that positively impact the development of therapeutic alliance

Identify common mistakes that negatively impact the therapeutic alliance and related treatment outcomes (and create a plan to avoid or correct these mistakes in the treatment room).

### **2 PM:**

#### ***Break***

Take a quick moment to reset before an afternoon of amazing information and connection.

### **2:15 PM:**

*A Series of Psychotherapy Survival Tips: The Business*

Listen to state of the art information about the business of psychotherapy, in bite-sized pieces. A strong clinical practice must have a foundation of strong business practices. Oftentimes these hidden practices can greatly impact your clients and their treatment outcomes.

1.5 Continuing Education Units

Our "Thought Bubbles" for this year:

*Perry Rosenbloom: The "About You" Page* – starting the therapeutic alliance during the web search

Participants will be able to identify one strategy for establishing a therapeutic relationship with clients prior to the first session.

*Marquita Johnson, LPC: Millennial Mindset and Incorporating Telehealth*

Participants will be able to identify two ways the use of technology impact therapy with millennials.

Participants will be able to identify at least two evidenced based approaches that are effective with millennials in therapy.

Participants will be able to summarize two ways how clients respond to the use of technology by therapists, social workers, and others in the helping profession.

*Nicol Stolar-Peterson, LCSW: How to protect yourself as a business owner*

Identify the 3 mistakes that clinicians make that get them stuck in court.

*Zeahlot Lopez, LMFT: Incorporating systems to improve client care*

Participants will learn three techniques to better implement systems to improve client/patient care in private practice.

*Eboni Harris, LMFT: The Multi-Income Stream – How to avoid burnout*

Participants will be able to identify one way to improve client care by balancing therapist needs that impact client treatment.

**3:45 PM:**

**Break**

Another quick break to set yourself up for success in our exciting experiential workshop this afternoon!

**4 PM:**

*You're Not The Typical Psychotherapist: Creative ways to use video and social media marketing as a mental health professional*

*Ernesto Segismundo Jr, LMFT*

Join Ernesto Segismundo Jr, LMFT for an engaging and experiential workshop designed to help you re-think your social media and digital presence. Become a resource to your community, while using your voice, the latest technology, and having fun.

1.5 Continuing Education Units

Description: Video and social media are powerful platforms to promote your psychotherapy business and provide mental health resources to the community. Psychotherapists are now tapping into their creativity and courage to utilize video and social media. This course will help you to clarify your message and align your business brand with visual content. You will also learn to utilize platforms such as Instagram TV., Facebook live, and other video/social media platforms

Learning Objectives:

- 1) Participants will be able to identify the needs of their potential clients and adjust their visual content accordingly.
- 2) Participants will be able to identify at least one way to utilize video and social media to provide psychotherapeutic resources to their target audience.
- 3) Participants will be able to summarize ethical considerations when using video and social media as a mental health professional.
- 4) Participants will be able to identify two ways to utilize live streaming videos to bridge the gap between a motivation/inspirational leader and a psychotherapist--the authentic human/therapist.

**6 PM +:**

Please join us for Happy Hour! Thanks to Fylmit and Melanin & Mental Health for hosting!

# Saturday 10/6/18

## 7:30 AM: *Registration*

Sign in and meet our amazing exhibitors. There will be games, prizes, and special offers you probably can't find anywhere else.

## 8 AM:

### *Bringing Meditation and Mindfulness Practices into the Therapy Room*

*Ashley Graber, LMFT Playa Vista*

Discover meaningful, science-backed techniques to help yourself and your clients achieve more emotional regulation, personal growth and deeper self-awareness. Whether you are looking to decrease stress, anxiety or depression or increase focus, or productivity or tap into joy in life, meditation & mindfulness practices will help. Learn simple techniques to bring to the therapy room to help your clients better understand and address the emotional and physical sensations associated with their cognitions. This hour long presentation will also include experiential exercises to "taste" what it's like.

1 Continuing Education Unit

Participants will be able to identify 2-3 ways mindfulness and meditation can be implemented as self-care to prevent clinician burnout.

Participants will be able to summarize how using mindfulness and meditation practices can improve the therapeutic relationship.

Participants will be able to identify 2 reasons why meditation and mindfulness practices can help clinicians identify and manage countertransference.

Participants will be able learn 3 practical meditation tools to incorporate into client sessions.

## 9 AM:

### *The Modern Therapist's Survival Guide*

*Curt Widhalm, LMFT and Katie Vernoy, LMFT Pacifica Ballroom B-C-D*

At every stage of development for therapists, there are risk factors and systemic challenges that can lead to burnout. Too many people are unable to sustain this crucial career, leaving our communities hurting and untended. Join Curt and Katie to talk through specific tactics you can use to survive (and thrive) as a modern therapist wherever you are in your career.

1.5 Continuing Education Units

Define the 3 burnout dimensions encountered by psychotherapists

Identify 3 domains of negative outcomes potentially experienced by psychotherapists with low resiliency

Summarize the 6 practices for psychotherapist resiliency

Create a specific plan to improve individual and professional practices

## 10:30 AM:

### *Break*

Take 30 minutes to reset, network, and engage with the amazing resources our exhibitors have to offer. Don't miss out on the games – there will be some amazing prizes!!

## 11 AM:

### *Break Out Sessions!*

Join experts to learn practical strategies you need in the everyday practice of psychotherapy! Two of the three options provide 1 Continuing Education Unit.

### ***Option 1: Practice Management for Happier Clients***

**Dr. Ben Caldwell, LMFT and Fletcher Dennison Pacifica Ballroom C, D**

Client communication is no longer solely talk therapy happening face to face in session. With new technology and savvy consumers, every step of the process, from initial consultation through termination, can impact the therapeutic relationship and clinical outcomes. Learn to set up strategic systems that augment your therapy sessions (not detract from them) as well as support stronger client satisfaction.

By the end of this presentation, participants will be able to:

- Describe the connection between client communication processes, relationship-building, and clinical outcomes.
- Identify two common processes where client-therapist communication can break down.
- Identify at least two areas of their own practice where improved workflows can impact client relationships and client satisfaction.

### ***Option 2: Building the Therapeutic Alliance Before the First Session***

**Perry Rosenbloom and Curt Widhalm, LMFT Pacifica Ballroom B**

How to improve your web presence and incorporate SEO principles in a way that helps your ideal clients come into your practice – improving the therapeutic relationship and treatment.

Participants will be able to identify one way potential patients establish a therapeutic relationship with therapist's online presence

Participants will be able to identify two features of internet searching that help clients respond to a given therapist.

Participants will be able to write an example of website copy that establishes a strong pre-session therapeutic relationship using keywords and cohesive messaging.

### ***Option 3: How to Approach Networking So People Want to Refer to You***

**Amber Hawley, LMFT and Dr. Maelisa Hall of My Biz Bestie Playa Vista**

Continuing Education will not be provided. This workshop will highlight how to be thoughtful about networking so you can focus your time on valuable contacts and feel confident going in to any networking meeting. And yes, we will share strategies that even the most introverted person can implement easily.

Identify 3 networking best practices.

### **12:00 PM:**

***Break, Games and Raffle!!***

Grab your lunch, do some shopping, and connect with colleagues. You'll be coming back in to hear an amazing speaker while you eat.

### **12:30 PM:**

***Lunch Time Talk: Saving Psychotherapy***

**Dr. Ben Caldwell Pacifica Ballroom B, C, D**

Despite overwhelming evidence of the effectiveness of psychotherapy, fewer people are coming. Outcomes have not improved in generations. And therapist salaries are not keeping up with inflation. In this data-driven and ultimately optimistic presentation, participants will learn what they can do on an individual level to ensure their own practices thrive even in difficult professional circumstances.

1.5 Continuing Education Units

- 1) Identify at least 2 systemic trends in utilization and effectiveness of psychotherapy practice.
- 2) Integrate 1 measurement into clinical practice to improve clinical outcomes.

- 3) Describe the importance of accountability for maintaining strong clinical outcomes.
- 4) Describe 1 impact of advocacy work on the profession and the clients and communities they serve.

**2 PM:**

**Break**

Take a quick moment to reset before an afternoon of amazing information and connection

**2:15 PM:**

***A Series of Psychotherapy Survival Tips: The Theory of the Therapist Pacifica Ballroom B, C, D***

Listen to state of the art information about the psychotherapy and the therapists who perform it, in bite-sized pieces. The center of the therapeutic relationship is the therapist. You must improve your skills and take care of yourself to be an effective clinician.

1.5 Continuing Education Units

This year's "Thought Bubble" Speakers are:

***Julia Alperovich, LMFT: Creating Your Identity from the Beginning of Your Career***

"Identify the 3 most important components of creating your identity as a therapist from the beginning of your career"

***Ernesto Segismundo Jr, LMFT: You're Not The Typical Therapist***

Psychotherapists modeling authenticity and courage--You are not the typical psychotherapists movement. Identify 3 ways that "use of therapist self" benefits clients

***Douglas Green, LMFT: How to Become Okay with Being Vulnerable***

Review of 3 laws/ethics that connect to Transparency.

***Dr. Abigail Weissman: Bringing Your Queer Self into the Room***

Describe 3 questions to ask oneself before disclosing one's sexual orientation to a client.

***Mercedes Samudio, LCSW: What to do When Your Message is Gigantic!***

Develop 3 techniques that will get your message seen by your ideal audience

**3:45:**

**Break**

Another quick break to set yourself up for success in our exciting break out sessions this afternoon!

**4:00 PM:**

***Break Out Sessions!***

Join experts to learn practical strategies you need in the everyday practice of psychotherapy! Each option provides 1.5 Continuing Education Units.

***Option 1: Rethinking Notes: Strategies for Making Documentation Simple and Meaningful***

***Dr. Maelisa Hall Redondo Beach***

Make your paperwork meaningful, so that you can provide legal and ethical documentation, enjoy it more, and provide more effective clinical treatment.

Identify the 3 most common mistakes in documentation

Describe at least 3 strategies for creating high quality notes

Explain how to save time on notes without negatively impacting clinical quality

***Option 2: Standing Out From The Crowd: The Research-Backed Secrets of Great Therapists Robert Scholz, LPCC, LMFT and Elizabeth Irias, LMFT Manhattan Beach***

Incorporate Feedback Informed Treatment (FIT) and Deliberate Practice to improve your treatment outcomes. Participants will be able to define Feedback Informed Treatment.

Participants will be able to list 4 findings in the research supporting the use of routine monitoring of the therapeutic alliance and outcomes.

Participants will be able to identify the two key factors have proven useful in predicting and improving treatment outcomes

Participants will learn at least two specific conversation points to address during initial client interactions that lead to a culture of feedback in their practices.

***Option 3: "Expand Mental Health Access: 10 Steps to Starting Your Group Practice Effectively Maureen Werrbach, LCPC Playa Vista***

Learn 10 key steps to starting a successful group practice and understand best practices (including relevant laws and ethics) for setting your group practice up for success. Participants will be able to identify basic business planning ideas for their future group practice. Finally, participants will be able to define and implement the first strategies needed to build their group practice.

***NOTE:***

Several presentations will be video recorded and photographers will be capturing pictures of speakers, attendees, and visitors throughout the conference. Your participation in the conference constitutes your consent to such photography and filming to any use, in any and all media throughout the universe in perpetuity, of your appearance, voice and name for any purpose whatsoever in connection with the Therapy Reimagined Conference and The Modern Therapist's Survival Guide Podcast.



# ABOUT OUR SPEAKERS



**Julia Alperovich, LMFT, CPC,** is trained and certified in several trauma-focused evidence-based therapeutic practices. She is both in private practice and provides clinical services at several residential addiction treatment facilities. She is a strong proponent for therapist professional development and has offered articles, podcasts, blogs, and talks to the mental healthcare community.

**Robin Andersen, LMFT** is the Founder of Prelicensed, the Business Development Manager for TrackYourHours and TrackYourCEUs, and the President of the San Diego North County Chapter of CAMFT. She is passionate about supporting prelicensed MFTs and focuses on entrepreneurship, leadership, and advocacy within the field. Robin creates resources that serve the MFT community and move the profession forward.



**Benjamin E. Caldwell, Psy. D., LMFT** is the author of five books, including *Basics of California Law for LMFTs, LPCCs, and LCSWs* and *Saving Psychotherapy*. He serves as adjunct faculty for California State University Northridge and The Wright Institute in Berkeley, CA. He was awarded the AAMFT Division Contribution Award in 2013. He maintains a private practice in Los Angeles, specializing in working with couples.

**Patrice Douglas, LMFT** is the owner of Empire Counseling & Consultation located in CA, NY, and TX where she specializes in anger management, men's issues, and minority mental health. Patrice is passionate about decreasing stigmas in minority communities by curating initiatives to spread awareness about mental health and pay for therapy for those who can't afford it.



**Fletcher Dennison, SimplePractice COO,** has over 7 years of experience in technology operations. He's passionate about understanding customers and finding ways to meet their needs. Fletcher's experience includes product management of the SimplePractice web and mobile apps through customer-focused research, feedback, and collaboration. He also leads teams to write, develop and distribute content for large and diverse audiences.

**Paul Gilmartin** co-hosted TBS' *Dinner and a Movie* and has been a stand-up comedian since 1987. He hosts a weekly audio podcast, *The Mental Illness Happy Hour*, consisting of interviews with artists, friends, listeners and the occasional mental health professional about all the battles in our heads; from medically diagnosed conditions, past traumas and sexual dysfunction to everyday compulsive, negative thinking.



**Ashley Graber, LMFT,** runs a busy mindfulness-based psychotherapy practice, Yale Street Therapy in Santa Monica, and is the Director of Curriculum for the next generation meditation app & mindfulness company, Evenflow. Ashley has a certificate in Mindfulness Based Stress Reduction (MBSR) and has trained in Mindful Schools, Trauma Resiliency Model (TRM), and EMDR.

**Douglas Green, LMFT** has a private practice in West Los Angeles and Woodland Hills where he specializes in helping kids and teens build lives they can be proud of. He is an adjunct professor and a Registered Drama Therapist. He is the author of internationally-acclaimed book *The Teachings of Shirelle: Life Lessons from a Divine Knucklehead*.





**James Guay, LMFT** is a social justice activist with a mission to help bring more compassion into the world — especially for oppressed minorities. To advance this cause, he’s testified against conversion therapy at California’s State Capital, appeared on Lisa Ling’s Our America show, appeared on various documentaries including VICE, and has been interviewed and/or written articles for Time, NY Times, LA Times, Huffington Post, Rage Magazine and the Advocate.

**Maelisa Hall, Psy.D.** specializes in teaching therapists how to connect with their paperwork so it’s more simple and more meaningful. The result? Rock solid documentation every therapist can be proud of! Check out her free online Private Practice Paperwork Crash Course, and get tips on improving your documentation today. Learn more at [www.qaprep.com](http://www.qaprep.com).



**Eboni Harris, LMFT** is co-founder of Melanin and Mental Health™, Founder of Room for Relations and host of *Room for Relations: Sex and Relationship Podcast*. Through education she has learned to help individuals and couples love better, stronger and longer. Through life she has learned self-care is the best thing you can do for you and the ones you love.

**Amber Hawley, LMFT** is the owner of a group therapy practice in the Bay Area, wife, mom of three kids, avid coffee drinker and co-host of the My Biz Bestie podcast. Amber originally worked in the tech industry but her love for people led her to pursue a career where meaningful relationships are at the center of everything she does.



**Kelly Higdon, LMFT** is a psychotherapist in virtual practice and the co-founder of Business School Bootcamp for Therapists. She is passionate about helping therapists build private practices without the burnout. She believes that private practices that are viable and successful is one of the important ways to combat mental health stigma in our communities.

**Elizabeth Irias, LMFT** specializes in Utilization Review and clinical best practice, and is also the founder of Clearly Clinical, an online behavioral health Continuing Education program. She is intensively trained in the implementation of Feedback Informed Treatment and assists agencies and therapists in delivering empirically-based care to their clients to improve treatment results.



**Heather Walker Janz, LMFT** has a private practice in California’s central valley serving teens and young adults referred through the Juvenile Justice Center, hospitals, and county mental health crisis centers. Heather is the president of her local chapter of CAMFT and has been involved in several movements including The Women’s March, Families Belong Together, and March For Our Lives.

**Marquita Johnson, LPC**, specializes in women issues, career, dating, divorce, step-families, and grief counseling. Marquita is Atlanta’s “Millennial DatingCoach” and has completed training in distance credentialed counseling to provide telemental health internet based and phone-based counseling. She is currently pursuing her doctoral degree in Counselor Education and Supervision. Marquita is owner of HOPE (Helping Overcome Problems Everyday) Counseling.



**Zeahlot Lopez, LMFT** is a Licensed Marriage and Family Therapist and a Licensed Cosmetologist helping humans rebuild their spirit. Aside from providing therapy to better the lives of her clients, she enjoys coaching entrepreneurs and those looking to increase their emotional intelligence. She is passionate about educating others about the importance of mental health and empowering women.

**Miranda Palmer, LMFT** has been coaching therapists for 10 years and has helped thousands of therapists tap into their full potential. She is co-creator of the Business School Bootcamp for Therapists, helping therapists build, rebuild, and streamline private practice from the ground up to create more ease, more happiness, and spend more of their time working with awesome clients.



**Nicol Stolar-Peterson, LCSW, BCD** worked for Child Protective Services as a child abuse investigator, forensic interviewer and adoptions social worker. Nicol is contracted as a BBS expert and is the founder and director of Kids Court & Counseling Center a non-profit helping children prepare for court testimony and appearances. Her practice is in Murrieta, CA.

**Perry Rosenbloom** is the CEO & Founder of Brighter Vision, the worldwide leader in custom therapist website design. His connection to therapy and therapists runs deep. With so many connections to therapy and therapists, he is immensely proud to be able to help support them in their work and enable them to be successful business owners.



**Mercedes Samudio, LCSW** is a parent coach, speaker, and bestselling author who helps parents and children communicate with each other, manage emotional trauma, navigate social media and technology together, and develop healthy parent-child relationships. Mercedes started the #EndParentShaming movement as well as coined the term Shame-Proof Parenting – using both to bring awareness to ending parent shame.

**Robert Scholz, LPCC, LMFT** has served in many leadership roles, including most recently as the Chief Clinical Officer and Clinical Director at Engage in Westlake Village. Currently, he is focusing on his specialized private practice, training and consultation services. He has participated in extensive training in Feedback Informed Treatment (FIT). He co-authored the book *Engaging Resistance*.



**Ernesto Segismundo Jr. M.S. LMFT**, of Fylmit.com, wears many hats in the mental health community: Therapist, Adjunct Professor, Owner of FYLMIT.com, and Owner of CAV Family Therapy Inc. In talking with Ernesto, it is so clear that he loves supporting psychotherapists in creating an online presence effectively, as well as legally and ethically.

**Katie Vernoy, LMFT**, has run her own practice, designed innovative clinical programs, built and managed large, thriving teams of service providers, and consulted helping professionals to build meaningful AND sustainable practices. She is co-founder of Therapy Reimagined, co-host of *The Modern Therapist's Survival Guide Podcast*, and is currently President-Elect for the California Association of Marriage and Family Therapists.



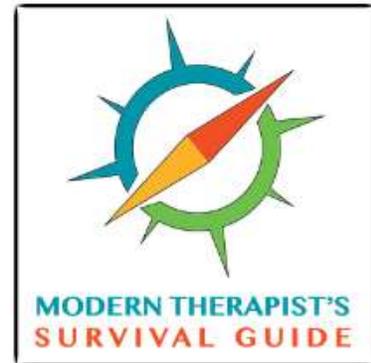
**Abigail Weissman, Psy.D.**, serves as a Member At Large – Professional Practice, of the Board of Directors of the San Diego Psychological Association. She is also the Chair of the LGBT Committee for the San Diego Psychological Association. Abi provides individual and group therapy for LGBTQIQAP-identified clients and trains other professionals on how to be more LGBTQIQAP-affirming.

**Maureen Werrbach, LCPC** is a therapist in Chicago, a group practice owner, and a group practice coach. Her group practice (Urban Wellness) has grown to a multi-location, 20+ staff that provide counseling, psychological testing and medication management. As a group practice coach (The Group Practice Exchange), she helps practitioners start, grow, and scale group practices.



**Curt Widhalm, LMFT** is in private practice in Los Angeles. He is Chief Financial Officer for the California Association of Marriage and Family Therapists, a Subject Matter Expert for the California Board of Behavioral Sciences, Adjunct Faculty at Pepperdine University, and a loving husband and father. He is 1/2 great person, 1/2 provocateur, and 1/2 geek, in that order.

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**Virtual Swag Bag!!**

A small sample of what's inside:

- An EXTRA MONTH FREE from SimplePractice for new customers
- FREE courses from Melanin & Mental Health, My Biz Bestie, and Grief Education
- \$10 off/month for A YEAR for a new website with Brighter Vision
- 15% off your promotional video from Fylmit.com
- FREE MONTH of Meaningful Documentation Academy AND The Exchange



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THE THERAPY REIMAGINED PRESENTS

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FRIDAY  
10/05/18  
6-7:30 PM

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### Eating Disorder Recovery Groups

Separate groups run simultaneously for individuals needing eating disorder support and loved ones.

Thursdays: 7:00 pm

Find a Location near you: [SupportInRecovery.com](http://SupportInRecovery.com)

### Online Support Group For Loved Ones

Wednesday Evenings:

5-6 pm PST | 6-7 pm MST | 7-8 pm CST | 8-9 pm EST

For Log-In Information Visit: [SupportInRecovery.com](http://SupportInRecovery.com)

### Online Binge Eating Disorder (BED) Recovery Groups

Specifically for individuals needing Binge Eating Disorder support.

Wednesday Evenings: 7-8 pm EST | 7-8 pm PST

For Log-In Information Visit: [SupportInRecovery.com](http://SupportInRecovery.com)

### Mental Health Recovery Groups

Wednesdays: 6:30 pm

Find a Location near you: [SupportInRecovery.com](http://SupportInRecovery.com)

### Substance Use Recovery Group

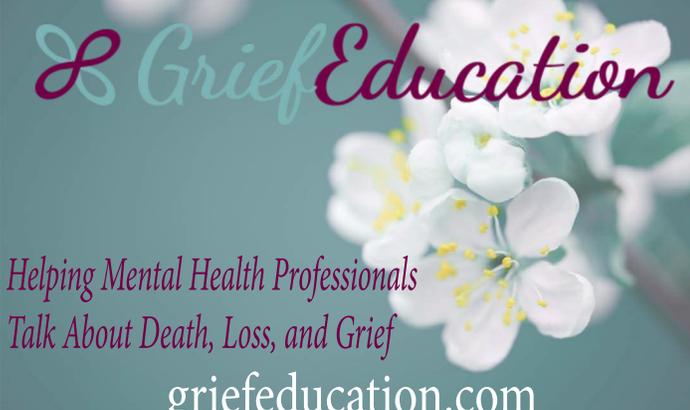
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